

# Intrinsics Beauty Recipe: Lemon Underarm Scrub

Keep those underarms bright and fresh with this Intrinsics Beauty Recipe!



INTRINSICS BEAUTY RECIPE

## lemon under arm scrub

Intrinsics  
Beauty

juice from half a lemon  
1/8 cup peroxide  
1/4 cup baking soda  
Intrinsics 12ply Gauze

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mix together well

use Intrinsics 12ply Gauze  
to scrub underarm area  
with paste

At [Intrinsics](#), we like to keep it simple. And this beauty recipe is no different! With just three simple ingredients, one key tool, and a little elbow grease, this Lemon Underarm Scrub recipe will easily become your new favorite DIY go-to.

After mixing the lemon juice, peroxide, and baking soda together, apply the scrub to your underarm area, grab a sheet of the [Intrinsics 12ply Gauze](#) and exfoliate away! Although our Gauze is great for sensitive skin, be sure not to over-exfoliate because it may cause irritation no matter your skin type. When it comes to this recipe, a little goes a long way.

Speaking of scrub, have you tried our [Floral Sugar Scrub](#) recipe? A deep clean and a great scent? You can't get much better than that!